

CHARTER COLD

Menu 2021-2022

All Meals Include 8oz Milk: White FF or White 1% 1ea

HS = High School includes an additional ½ Fruit

8/9 8/23 9/6 9/20 10/4 10/18 11/1 11/15 11/29 12/13	Peanut Butter Pocket 1ea Cheese Stick Co-Jack 1ea Honey Maid Graham 1pkg Celery 1/2c 100% Veg Jc O Fz (4oz) 1ea NM Apricot 1/2c	Turkey 2sli Sandwich Bread Sliced 2sl Edamame Beans 1/2c Baby Carrots 1/2c NM Pluot 1/2c Mayo PC 1ea Ranch PC 1ea	Tuna Salad Cup 1ea Crackers (2G) 1pkg Celery 1/2c 100% Veg Jc R/O Fz(4oz) 1ea NM Green Apple 1ea	Chicken Tender 3ea Corn 1/2c 100% Veg Jc O Fz (4oz) 1ea NM Peach 1ea Cookie 1ea	Turkey Pepperoni 15ea Cheese Stick Mozz 1ea Crackers (2G) 1pkg Marinara Cup 1ea Edamame 1/2c NM Pear 1ea
	HS- Applesauce Cup 1ea	HS- Fresh Orange 1ea	HS-Mixed Berry Cup Fz 1ea	HS- Fresh Orange 1ea	HS-Strawberry Cup Fz 1ea
8/16 8/30 9/13 9/27 10/11 10/25 11/8 11/22 12/6	Turkey Ham 1sl Cheese 2sl Sandwich (Bread) Corn 1/2c 100% Veg Jc O Fz (4oz) 1ea NM Plum 1/2c Mustard PC 1ea	Breaded Chicken Drum 1ea Coleslaw 1/2c Baby Carrots 1/2c NM Golden Apple 1ea Brookee Cookie 1ea Ranch PC 1ea	Build a your own Salad: Turkey Stick 1ea Cheese Stick Co-Jack 1ea Romaine 1c Cherry Tomatoes 1/2c = 6ea Fresh Orange 1/2c Crackers (2G) 1pkg Ranch PC 1ea HS-Mixed Berry Cup Fz 1ea	Chicken Patty on Bun Veggie Beans 1/2c 100% Veg Jc O Fz (4oz) 1ea Craisins 1pkg Mayo PC 1ea	Pizza IW 1slice Baby Carrots 1/2c Celery 1/2c NM Nectarine 1ea Ranch PC 1ea
	HS- Fresh Orange 1ea	HS- Craisins 1pkg	HS-Mixed Berry Cup Fz 1ea	HS- Fresh Red Apple 1ea	HS- Peach Cup Fz 1ea

Menu Subject to Change

NM Golden Apple

NM Watermelon

NM Cherries

NM Cherry Tomatoes

Cheese Stick 168/cs 1ea

C1003 Cheddar

C1004 Co-Jack C1005 Mozz

Updated: 7-22-21